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DEPARTMENT OF HEALTH AND HUMAN SERVICES

Centers for Disease Control and Prevention

[30Day-14-13AAH]

Agency Forms Undergoing Paperwork Reduction Act Review

The Centers for Disease Control and Prevention (CDC) publishes a list of information collection requests under review by the Office of Management and Budget (OMB) in compliance with the Paperwork Reduction Act (44 U.S.C. Chapter 35). To request a copy of these requests, call (404) 639-7570 or send an email to [omb@cdc.gov](mailto:omb@cdc.gov). Send written comments to CDC Desk Officer, Office of Management and Budget, Washington, DC or by fax to (202) 395-5806. Written comments should be received within 30 days of this notice.

**Proposed Project**

CDC Work@Health Program: Phase 2 Training and Technical Assistance Evaluation - New - National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP), Centers for Disease Control and Prevention (CDC).

Background and Brief Description

The Centers for Disease Control and Prevention (CDC) is

establishing the Work@Health Program, a comprehensive worksite health promotion training program, to support employers' efforts to create healthy work environments and provide employees with opportunities to make healthy lifestyle choices. The Work@Health Program will train and support small, mid-size, and large employers with three primary goals: (1) Increase understanding of the training needs of employers and the best way to deliver skill-based training to them; (2) Increase employers' level of knowledge and awareness of worksite health program concepts and principles as well as tools and resources to support the design, implementation, and evaluation of effective worksite health strategies and interventions; and (3) Increase the number of science-based worksite health programs, policies, and practices in place at participating employers' worksites and increase the access and opportunities for employees to participate in them.

CDC is requesting OMB approval to initiate Phase 2 information collection. Phase 2 procedures were informed by a needs assessment and pilot test that were conducted in fall 2013 ("CDC Work@Health Program: Phase 1," OMB No. 0920-0989, exp. 9/30/2014). In Phase 2, CDC will offer training in four models (formats): (1) a "Hands-on" instructor-led workshop model (T1), (2) a self-paced "Online" model (T2), (3) a combination or "Blended" model (T3), and (4) a "Train-the-Trainer" model (T4) designed to prepare qualified individuals to train employers through the Hands-on, Online, or Blended models.

To evaluate the training, information will be collected from approximately 540 employers and approximately 60 individuals who are interested in becoming trained/certified instructors for the Work@Health Program. Respondents will include employers/employees, trainees who participate in the four training models, and training and technical assistance instructors, coaches and subject matter experts.

CDC will use the information collected to evaluate the effectiveness of the Work@Health Program in terms of (1) increasing employer's knowledge and awareness of worksite health concepts, principles, and resources and (2) increasing the number of science-based worksite health programs, policies and practices in place at participating employers' worksites. The information will also be used to identify the best way(s) to deliver skill-based training and technical support to employers in the area of worksite health.

OMB approval is requested for two years. Participation in Work@Health is voluntary and there are no costs to participants other than their time and cost of travel to the training. The total estimated annualized burden hours are 1,601.

Estimated Annualized Burden Hours

Type of Respondent	Form Name	Number of Respondents	No. of Responses per Respondent	Average Burden per Response (in hr)
Interested Employer	Employer	600	1	20/60

	Application Form			
Employers Participating in Work@Health™	CDC Worksite Health Scorecard	540	1	30/60
	Organizational Assessment	540	1	15/60
	Employer Follow- up Survey	270	1	15/60
	Case Study Interviews with Senior Leadership	3	1	1
	Case Study Interviews with Employees	6	1	1
Trainees Participating in the Work@Health™ Program (Hands-on, Online, Blended models)	Trainee KAB Survey	1,080	1	20/60
	Trainee Reaction Survey - Hands- On Model	180	1	15/60
	Trainee Reaction Survey - Online Model	180	1	15/60
	Trainee Reaction Survey - Blended Model	180	1	15/60
	Trainee Technical Assistance Survey	1,080	1	15/60
	Case Study Interviews with Selected Trainees	15	1	1
	Trainee Focus Group Discussion Guide	11	1	1.5
Interested Train- the-Trainer Participants	Train-the- Trainer Application Form	60	1	30/60
Trainees Participating in the Work@Health™ Program (Train-the- Trainer model)	Train-the- Trainer Participant Survey	60	1	20/60
	Trainee Reaction Survey - Train- the-Trainer Model	30	1	15/60

	Train-the-Trainer Trainee Technical Assistance Survey	60	1	15/60
Trainees participating in the Work@Health™ Program Wave 2	Wave 2 Trainee Reaction Survey	150	1	15/60
Work@Health™ Instructors/Coaches	Instructor/Coach Group Discussion Guide	21	1	30/60

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